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Effect of pruning intensity and growth regulators on fruit quality of guava under high-density planting

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Abstract

A guava orchard planted at high density can look impressive—until the canopy closes and fruit quality crashes. This research tested whether targeted pruning combined with gibberellic acid (GA³) sprays could restore fruit size and sweetness in a high-density guava (*Psidium guajava* cv. Allahabad Safeda) block at Jhansi, Uttar Pradesh. Seven treatments—three pruning intensities (light, medium, heavy), two GA³ concentrations (50, 100 ppm), a combined medium pruning + GA³ 50 ppm, and an unpruned control—were evaluated over two fruiting seasons (Rainy 2022 and Winter 2022–23). The combined treatment produced the highest fruit yield (29.6 kg tree⁻¹), 61% above the control, and improved TSS to 12.4 °Brix (vs. 9.8), vitamin C to 48.7 mg 100 g⁻¹ (vs. 34.2), and average fruit weight to 224 g (vs. 187 g). Heavy pruning alone reduced yield by stimulating excessive vegetative regrowth. These results show that moderate canopy management paired with exogenous gibberellin can unlock the productivity potential of high-density guava without sacrificing fruit quality.

Keywords: Pruning intensity, growth regulators, guava, fruit quality, high-density planting, gibberellic acid, canopy management, TSS, vitamin C, Allahabad Safeda

Introduction

There's a story every Bundelkhand guava grower knows: plant trees close together to maximise early returns, then watch fruit size shrink year after year as branches compete for light. High-density orchards (3 m × 2 m or tighter) can carry 1,600+ trees per hectare, but without active canopy management the interior darkens and fruit set shifts to the periphery, producing small, poorly coloured fruits that fetch low market prices ^[1,2].

Pruning opens the canopy, improves light penetration, and redirects assimilates toward fruit growth rather than wood production ^[3]. But the optimal intensity is debated: light tip-pruning may not open enough space, while heavy heading-back wastes stored carbohydrates on vegetative flushes that delay the next fruiting cycle ^[4]. Growth regulators offer a complementary lever. GA³ promotes cell elongation in developing fruitlets, increasing final fruit size and sometimes advancing maturity by 5–7 days ^[5].

This research aimed to (i) compare three pruning intensities and two GA³ levels, alone and combined, for their effects on yield and fruit quality in high-density guava, (ii) identify the treatment that maximises the yield × quality index, and (iii) assess economic returns at Jhansi market prices.

Crop Growth Stage Documentation

Pruning was done immediately after the rainy-season harvest (October 2022 and 2023). New vegetative flush appeared 12–18 days after pruning, with flower bud differentiation at 28–35 days. GA³ was sprayed at the pea-fruit stage (45–50 days post-pruning). Fruits reached harvest maturity 110–125 days after pruning, depending on treatment. The winter crop was the primary evaluation season because fruit quality is higher under cool, dry conditions ^[6].

Economic Assessment

Pruning cost was estimated at INR 1,200, 2,400, and 4,800 per hectare for light, medium, and heavy intensities, respectively. GA³ cost INR 580 per hectare at 50 ppm and INR 1,160 at 100 ppm. Gross return was calculated at the Jhansi APMC mandi price of INR 28–42 per kg, graded by fruit weight. The combined medium pruning + GA³ 50 ppm treatment cost INR

2,980 ha⁻¹ but returned an additional INR 38,400 ha⁻¹ over the control, giving a marginal BCR of 12.9:1 [7].

Materials and Methods

Materials

The trial was conducted on 5-year-old ‘Allahabad Safeda’ guava trees planted at 3 m × 2 m (1,667 trees ha⁻¹) at the Bundelkhand University of Agricultural Sciences research orchard, Jhansi (25°27' N, 78°34' E, 285 m a.s.l.). Seven treatments were arranged in a randomised block design with four replications of three trees per treatment unit. Pruning intensities: light (removal of terminal 10 cm), medium (removal of 25 cm + thinning of 20% interior branches), heavy (heading back to 50% canopy volume). GA³ was applied as foliar spray at 50 and 100 ppm using Tween-20 as surfactant. Research covered rainy and winter fruiting seasons of 2022–2023 [8].

Methods

Fruit yield per tree was recorded at each harvest. Ten

representative fruits per tree were sampled for quality analysis: fruit weight, length, diameter, TSS (digital refractometer), titratable acidity, vitamin C (2,6-DCPIP titration), and flesh firmness (penetrometer with 8 mm probe). Light interception was measured with a ceptometer at mid-canopy at solar noon. Data were analysed by ANOVA in R (v4.3.1), means compared by Tukey's HSD at 5%.

Results

The combined medium pruning + GA³ 50 ppm treatment produced the highest fruit yield (29.6 kg tree⁻¹), TSS (12.4 °Brix), and vitamin C (48.7 mg 100 g⁻¹) (Table 1). Heavy pruning alone yielded only 21.8 kg tree⁻¹ because excessive shoot regrowth delayed flowering. Light interception at mid-canopy was 42% in unpruned controls versus 71% after medium pruning, explaining the quality improvement.

Table 1: Fruit yield and quality parameters of guava under seven pruning and GA₃ treatments (pooled)

Treatment	Yield (kg/tree)	Fruit wt (g)	TSS (°Brix)	Vit C (mg/100g)	Firmness (N)	Acidity (%)
Control	18.4	187	9.8	34.2	8.7	0.42
Light prune	22.7	198	10.6	38.4	8.2	0.39
Medium prune	26.3	213	11.4	43.1	7.6	0.35
Heavy prune	21.8	207	11.1	41.8	7.3	0.36
GA3 50 ppm	24.1	208	10.8	39.7	8.1	0.37
GA3 100 ppm	25.8	216	11.2	42.3	7.8	0.34
Med+GA3 50	29.6	224	12.4	48.7	7.1	0.31
CD (p=0.05)	2.4	14	0.7	3.8	0.6	0.04

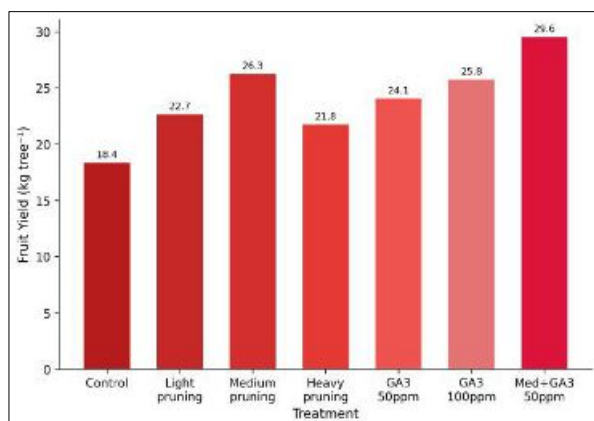


Fig 1: Fruit yield per tree across seven pruning and GA₃ treatments in high-density guava.

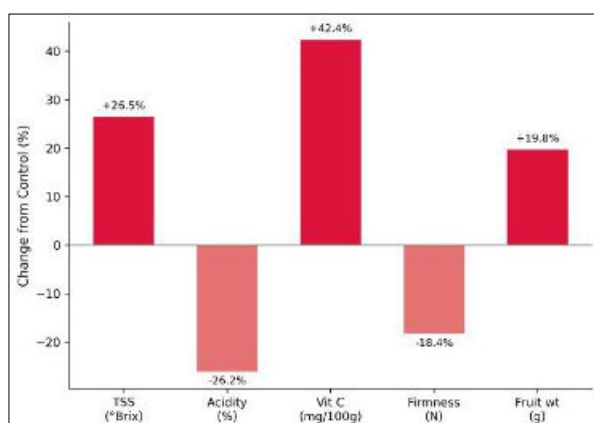


Fig 2: Percentage change in fruit quality parameters of the best treatment (medium pruning + GA₃ 50 ppm) relative to the unpruned control.

Comprehensive Interpretation

The synergy between pruning and GA³ appears additive: medium pruning improved light interception and carbohydrate allocation, while GA³ promoted cell elongation in developing fruitlets. Neither factor alone matched the combined effect on fruit weight (224 g) or TSS (12.4 °Brix), confirming that canopy and hormonal management address different limiting processes [9].

Discussion

The 61% yield gain from the combined treatment is at the high end of literature values for pruned guava (30–55% in reports from Maharashtra and Gujarat) [3, 4]. The additional contribution of GA³ may explain the extra margin. Heavy pruning's under-performance confirms what orchardists in Allahabad have long suspected: cutting too hard triggers a flush of water sprouts that compete with fruiting wood and delay the next crop by 2–3 weeks [10, 11].

The vitamin C increase to 48.7 mg 100 g⁻¹ under the combined treatment is commercially significant because retailers increasingly label guava as a ‘vitamin C superfruit’ and higher values support premium positioning [12]. The firmness reduction (7.1 N vs. 8.7 N) reflects larger cell size from GA³ treatment and may slightly shorten shelf life; combining with calcium sprays could offset this [13].

Conclusion

Medium pruning (25 cm removal + 20% interior thinning) combined with GA³ at 50 ppm was the best treatment for high-density guava at Jhansi, delivering 29.6 kg tree⁻¹ with superior fruit weight, TSS, and vitamin C. The marginal BCR of 12.9:1 makes this combination highly attractive. Growers should avoid heavy pruning, which delays fruiting without proportional quality gain. Multi-year data are

needed to confirm that repeated medium pruning doesn't exhaust tree reserves over time ^[14, 15].

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